



Weakley County B•E•A•T

Bringing • Employees • Answers • Today

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Make a Plan of Action to Fulfill the 2013 Partnership Promise

The 2013 Partnership Promise aims to help members get and/or stay in a healthy lifestyle. **If you chose to enroll in the Partnership PPO**, you committed to completing the 2013 Partnership Promise.

Beginning January 1, 2013, all members and covered spouses must complete the following (4):
1. Complete the online Healthways Well-Being Assessment (health questionnaire) by March 15, 2013.

2. Engage in ONE health wellness activity by July 15, 2013 - this could include an annual physical, well-woman visit, flu shot, wellness challenge; or, three action items such as tracking exercise, health journal, reading a health/ wellness article.

3. Keep contact information current with the Dept. of Finance.

4. If tobacco user, begin a tobacco cessation program. You will be contacted to enroll in the program.

Are you considered "at risk"? In addition to the other requirements, you must complete a biometric screening and participate in health coaching.

Seem confusing? Log on to http://www.partnersforhealthtn.gov/your_health_options/promise.aspx to get full details for 2013.



Understanding EyeMed: New Vision Plan Differences Explained

The annual transfer period for insurance is now over, but many people have questions about the vision coverage they added that will begin January 1, 2013.

The state offered two plans: Basic and Expanded. We will explain some of the features of the plans to help you better understand what your new plan includes.

All of the figures here are in-network member costs. For all network details, visit <http://www.tn.gov/finance/ins/vision.shtml>.

BASIC PLAN:

Exam w/ dilation	\$0 copay
Standard/premium contacts fit/follow	15% of retail price
Frames	\$0 copay, \$50 allowance, 20% off > \$50
Standard Plastic/ Glass Lenses	\$50 Allowance; 20% off over \$50
Lens options (several options)	20% off retail
CONTACTS: - conventional	\$0 copay, \$50 allowance, 15% off over \$50
- disposable	\$0 copay, \$50 allowance
- medically necessary	\$0 copay \$150 allowance
LASIK or PRK	15% off, or 5% off promo

EXPANDED PLAN:

Exam w/ dilation	\$10 copay
Standard/premium contacts fit/follow	Up to \$60
Frames	\$0 copay, \$115 allowance, 20% off > \$115
Standard Plastic/ Glass Lenses	\$15 copays, \$55-\$93 standard/progressive
Lens options (several options)	Full list: http://www.tn.gov/finance/ins/
CONTACTS: - conventional	\$0 copay, \$130 allowance, 15% off > \$130
- disposable	\$0 copay, \$130 allowance
- medically necessary	\$0 copay, paid in full
LASIK or PRK	15% off, or 5% off promo

Holiday Office Closings

It's the holiday season! Below are the scheduled holiday observations for the Finance Office - the office will be closed.

Holiday	Day(s) Observed
Thanksgiving	Thursday, November 22 Friday, November 23
Christmas	Monday, December 24 Tuesday, December 25 Wednesday, December 26
New Year's Day	Tuesday, January 1



You're Expecting... New Insurance Cards!

ParTNers for Health will start shipping health insurance cards for 2013 in mid December, so be watching your mailbox for those to arrive.



**PARTNERS
FOR HEALTH™**

Need further assistance? Utilize our resources!
website: www.weakleycountyttn.gov
e-mail: franciscos@k12tn.net



Tis the Season... to Give with all of Your Heart



It is near Christmas already, and the need to give is strong this year. We Care Ministries in Martin has announced a need for donated

items: non-perishable food items for the food bank, toys for birth -18 years of age, and a variety of thrift store items as well. See the list here: <http://www.nwntoday.com/news.php?viewStory=75987>.

The WCMT/Comet Cleaners Annual Coat Drive is now accepting new and gently used coats at WCMT Radio Station in Martin. From there, they will be cleaned at Comet Cleaners in Martin, and then distributed to folks in need of a winter coat.

First State Bank is collecting donations through November for Christmas at their banks in Dresden,

Greenfield, Martin, & Sharon.

In Greenfield, Martin, and Sharon locations: Bring new and/or gently used toys to be donated to We Care Ministries. In Dresden: Bring men and ladies clothing, and non-perishable food items to be donated to Santa's Helpers, which is a local non-profit organization providing clothing and toys to as many children as possible during the holiday season.

Get in the spirit this season; give back to your local community and find joy in making this Christmas wonderful for someone in need right here in Weakley County.

Weakley County Christmas Events - Home for the Holidays

Until Dec. 17	Back Pain Relief Clinic's 5th Annual Toy Drive 364.2202
Nov. 18, 1 p.m. - 5 p.m.	Dresden Downtown Christmas Open House
Nov. 18, 1:30 - 4:30 p.m.	Catch the Holiday Fever with WNBA Head Coach Lin Dunn & Santa. Dresden City Hall - autographs & pictures. 364.2270
Nov. 18, 4:30 p.m.	Tree Lighting Ceremony, Dresden 364.2270
Dec. 1, 6:00 p.m. - 8:00 p.m.	Santa at Greenfield Banking Co. 235.2207
Dec. 1, 9:30 a.m. - 5:00 p.m.	Martin City Wide and C.E. Weldon Library Christmas Open House 364.3126
Dec. 3, 7:00 p.m.	Annual Kiwanis Christmas Parade, Martin Tree Lighting Ceremony after parade
Dec. 6-9, times vary	Santa's Village, UT Martin 364.6784



Dec. 8, 6 - 11 a.m.	Rotary Ham Breakfast, Martin Elementary 588.1295
Dec. 15, 6:30 p.m.	A Very Merry Martin Christmas to Benefit We Care Ministries. UTM Boling University Center. Reserve tickets - \$20 at all banks in Martin until Dec. 10. 881-7772

Healthier, Happier Holidays

Let's face it: while wonderful, holidays can be stressful. Whether financial, mental, or emotional, this time of year can trigger disharmony, and overindulgences in food and drink.



The Partner for Health Employee Assistance Program is addressing stress, relationships, finances, and eating and drinking, in an effort to produce healthier and happier holidays all around. Join the webinar, and develop a plan for this year.

Watch the webinar Wednesday, December 5, from 11:30 a.m. - 12:30 p.m. Register now by visiting:

https://magellanhealth.adobeconnect.com/_a825364167/e5ox6ghlisq/event/registration.html

Want Your W-2? Update Contact Info!

The end of the year approaching means that W-2s will be mailed out soon. To receive your W-2 for filing your federal income taxes on time, you must be sure that your address is correct with the Department of Finance. Failing to update your information will result in the W-2 being returned and held at the Department of Finance until requested.



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